



Gary Community Secondary Schools Breakfast Menu



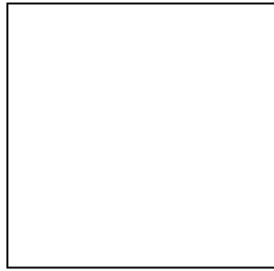
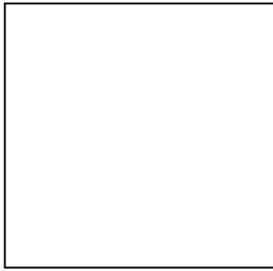
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

Sausage Biscuit
Mini Blueberry Waffles
(Cereal & Bars station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

Breakfast includes choice of entrée, selection of fruit, and choice of milk.

4

LABOR DAY
NO SCHOOL

5

Cheese Omelet w/ Toast
Cinnamon Roll
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

6

Sausage Breakfast Pizza
Cherry Frudel
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

7

Bacon, Egg, Cheese Sandwich
Orange Smoothie
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

8

Breakfast Burrito
Mini Filled Bagels
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

Breakfast includes choice of entrée, selection of fruit, and choice of milk.

11

Pancake & Sausage Stick
Egg & Cheese English Muffin
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

12

Chicken Biscuit
Apple Frudel
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

13

Sausage Breakfast Pizza
Mini Filled Bagels
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

14

Waffle w/ Syrup
Chocolate Chip UBR
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

15

Breakfast Ham & Cheese Sandwich
Blueberry Parfait
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

Breakfast includes choice of entrée, selection of fruit, and choice of milk.

18

Chicken Biscuit
Mini Confetti Pancakes
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit / Low Fat Milk

19

Egg & Cheese Bagel
Super Donut
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

20

Sausage Breakfast Pizza
Apple Frudel
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

21

Cheesy Scrambled Eggs w/Toast
Cinnamon Roll
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

22

Sausage Biscuit
Mini Blueberry Waffles
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

Breakfast includes choice of entrée, selection of fruit, and choice of milk.

25

Egg & Cheese English Muffin
Cinnamon UBR
(Cereal & Bar Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

26

Cheese Omelet w/ Toast
Cinnamon Roll
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

27

Sausage Breakfast Pizza
Peach Parfait
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

28

Bacon, Egg, Cheese Sandwich
Sunbutter Sandwich
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk

29

Breakfast Burrito
Mini Confetti Pancakes
(Cereal & Bars Station)
Fresh Fruit
Fresh Canned Fruit
Assorted Fat Free / Low Fat Milk