

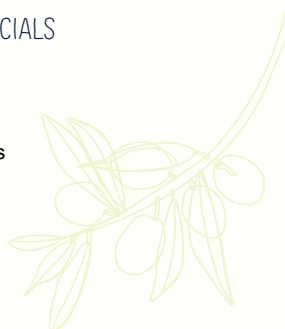
Traditions



DAILY SPECIALS

Classics

- M** Pancakes, Waffles, Sausage, Scrambled Eggs, Baked Apples, Sweet Potato Fries
- T** Cheese or Pepperoni Calzones, Broccoli & Peppers, Green Beans, Fries
- W** Philly Steak Sandwich, Ginger Carrots
- TH** Potato Bar w/ Chili or Broccoli, Mex Zucchini, Sweet Corn
- F** No School Fall Break



Fast Takes



DAILY SPECIALS

- M** Turkey & Cheese Sub, Crisp Chicken Wrap, Chef Salad, Blueberry Parfait
- T** American Sub, Chicken Caesar Wrap, Hearty Garden Salad, Strawberry Banana Parfait
- W** Italian Sub, Buffalo Chicken Wrap, Hummus Box, Crispy Chicken Salad
- TH** Turkey & Cheese Sub, Crispy Chicken Wrap, Protein Box, Strawberry Parfait
- F** No School Fall Break



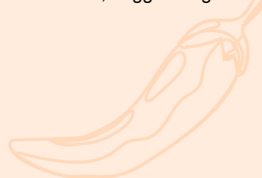
Grill



DAILY SPECIALS

Cheeseburger, Hamburger, Spicy Chicken Sandwich, Crispy Chicken Sandwich, Veggie Burger. Side: Fries

- M** Grilled Cheese Sandwich
- T** Hot Dog
- W** Bacon Cheeseburger or Fish Sandwich
- TH** Mushroom Swiss Burger
- F** No School Fall Break



Market



DAILY SPECIALS

- M** Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadstick w/ Marinara
- T** Made to order Nachos with Cheese and Toppings, Black Beans, Spanish Rice
- W** Chicken Wings (5) w/Sauce & Fries
- TH** Beef or Chicken Tacos with Cheese and Toppings, Black Beans, Spanish Rice
- F** No School Fall Break

From the Garden



OFFERED DAILY

Assorted Fat Free / Low Fat Milk

MON

Basil Corn Salad
Salad Mix
Variety of Fresh Fruit
Variety of Canned Fruit

TUE

Kidney Beans
Fresh Broccoli
Salad Mix
Variety of Fresh Fruit
Variety of Canned Fruit

WED

Baby Carrots
Salad Mix
Variety of Fresh Fruit
Variety of Canned Fruit

THURS

Apple Glazed Carrots
Chilled Corn
Salad Mix
Variety of Fresh Fruit
Variety of Canned Fruit

FRI

No School Fall Break

DRESSINGS

Ranch
Ketchup
Mayo

M Pancakes, Waffles, Sausage, Scrambled Eggs, Baked Apples, Sweet Potato Fries

T Cheese or Pepperoni Calzones, Broccoli & Peppers, Green Beans, Fries

W Philly Steak Sandwich, Ginger Carrots

Th Potato Bar w/ Chili or Broccoli, Mex Zucchini, Sweet Corn

F No School Fall Break

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

- M** Turkey & Cheese Sub, Crisp Chicken Wrap, Chef Salad, Blueberry Parfait
- T** American Sub, Chicken Caesar Wrap, Hearty Garden Salad, Strawberry Banana Parfait
- W** Italian Sub, Buffalo Chicken Wrap, Hummus Box, Crispy Chicken Salad
- Th** Turkey & Cheese Sub, Crispy Chicken Wrap, Protein Box, Strawberry Parfait
- F** No School Fall Break

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

M Grilled Cheese Sandwich

T Hot Dog

W Bacon Cheeseburger or Fish Sandwich

Th Mushroom Swiss Burger

F No School Fall Break

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

M Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadstick w/ Marinara

T Made to order Nachos with Cheese and Toppings, Black Beans, Spanish Rice

W Chicken Wings (5) w/Sauce & Fries

Th Beef or Chicken Tacos with Cheese and Toppings, Black Beans, Spanish Rice

F No School Fall Break

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

M {S5M}

T {S5T}

W {S5W}

Th {S5TH}

F {S5F}

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

M Basil Corn Salad
Salad Mix
Variety of Fresh Fruit
Variety of Canned Fruit

Th Apple Glazed Carrots
Chilled Corn
Salad Mix
Variety of Fresh Fruit
Variety of Canned Fruit

T Kidney Beans
Fresh Broccoli
Salad Mix
Variety of Fresh Fruit
Variety of Canned Fruit

F No School Fall Break

W Baby Carrots
Salad Mix
Variety of Fresh Fruit
Variety of Canned Fruit

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Pancakes, Waffles, Sausage, Scrambled Eggs,
Baked Apples, Sweet Potato Fries

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Cheese or Pepperoni Calzones, Broccoli &
Peppers, Green Beans, Fries

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Philly Steak Sandwich, Ginger Carrots

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Potato Bar w/ Chili or Broccoli, Mex Zucchini,
Sweet Corn

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

No School Fall Break

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Turkey & Cheese Sub, Crisp Chicken Wrap, Chef
Salad, Blueberry Parfait

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

American Sub, Chicken Caesar Wrap, Hearty
Garden Salad, Strawberry Banana Parfait

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Italian Sub, Buffalo Chicken Wrap, Hummus Box,
Crispy Chicken Salad

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Turkey & Cheese Sub, Crispy Chicken Wrap,
Protein Box, Strawberry Parfait

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

No School Fall Break

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Grilled Cheese Sandwich

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Hot Dog

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Bacon Cheeseburger or Fish Sandwich

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Mushroom Swiss Burger

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

No School Fall Break

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Cheese Pizza, Pepperoni Pizza, Mozzarella
Stuffed Breadstick w/ Marinara

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Made to order Nachos with Cheese and
Toppings, Black Beans, Spanish Rice

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Chicken Wings (5) w/Sauce & Fries

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Beef or Chicken Tacos with Cheese and Toppings, Black Beans, Spanish Rice

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

No School Fall Break

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Basil Corn Salad
Salad Mix
Variety of Fresh Fruit
Variety of Canned Fruit

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Kidney Beans
Fresh Broccoli
Salad Mix
Variety of Fresh Fruit
Variety of Canned Fruit

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Baby Carrots
Salad Mix
Variety of Fresh Fruit
Variety of Canned Fruit

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Apple Glazed Carrots
Chilled Corn
Salad Mix
Variety of Fresh Fruit
Variety of Canned Fruit

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

No School Fall Break

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.